



A time of
celebration

NYATIKE, Kenya

1994

Today

→ 2020

Today we celebrate lasting change, thanks to you



On behalf of the whole community, thank you for transforming the lives and futures of children and families in Nyatike. We hope you're able to continue your support of another community who need help just as we did.

A handwritten signature in black ink, appearing to read 'Tom Masinde'.

Tom Masinde

Nyatike Area
Programme Manager

Before, life was very different

We first met the community of Nyatike in 1994. The area suffers from both frequent droughts and devastating floods and back then, farmers used outdated methods that couldn't cope with these conditions. Many children didn't get enough to eat, making them weak and ill. The water was dirty and dangerous, and families didn't have proper washing facilities or toilets at home or at school. This meant children got sick from preventable illnesses like diarrhoea.

HIV and AIDS were widespread. Many children were orphaned or were sick themselves as a result, as well as being more susceptible to other diseases. But very few children were immunised and there was only one health centre in the area. Children weren't getting the most from their education because their families viewed them as extra labour or, for girls, as a source of income through early marriage. Those who did go to school travelled up to 10km each day. Classrooms were badly maintained, and teachers were poorly trained. Very few children were performing at the level expected for their age.



Now we see lasting change

We're so thankful for your support, and the changes we've made together mean today's children and future generations have the hope of a bright future. Fewer children are going hungry now that their parents have started growing some of their own food, and farmers have adopted new techniques. New water systems bring safe water close to home and children are learning about good hygiene at school. Now the number of children who are ill with diarrhoea each year has more than halved.

The community is working together to support people with HIV and AIDS and to overturn the beliefs and behaviours that help the disease to spread. Now there's a district hospital as well as an increased number of local health centres which mean families are able to get the healthcare they need. Most children have been immunised so they're protected from common illnesses. The community is ready for us to move on from Nyatike now that we can see that these changes will last, helping children and their families for years to come.

FAR LEFT : Before, the only source of water was dirty which meant children often fell sick.
© World Vision 2012

ABOVE : Wendy, 8, and Stacy, 11, enjoy drinking clean water every day, thanks to you.

Together, we've transformed futures

Here are just three ways you've changed children's lives

Education

Children love learning now their teachers have had extra training. Thanks to you, nearly all four and five year olds go to nurseries where they learn through play, to help prepare them for school. At primary and secondary schools, classrooms have been renovated and new ones have been added. Now there's extra room to learn. There are more books and other learning materials too.

Parents have been learning about children's rights and the importance of education. Almost every child is enrolled in primary school, and there's been a big reduction in the number who drop out to work or get married. All children now progress from primary to secondary school, and their exam results are improving too.

Children moving from primary to secondary school:

2019 – 100%
2004 – 24%

Food

Families in Nyatike have joined local nutrition groups, set up thanks to you, to learn about the importance of eating a balanced diet. New mums are encouraged to breastfeed their babies, and understand that they need to eat well to keep their babies healthy.

Savings groups help farmers and smallholders to manage their money and take small loans, to develop their businesses. They're helping young adults to start their own businesses too. With your support, farmers have learned new ways to farm, choosing crops that they can sell for a better price, and finding new markets. More people are growing their own grains and vegetables as well as raising animals, to eat and to sell, so now fewer children are going hungry.

Parents who can provide well for their children:

2020 – 62%
2009 – 24%



Health

Children are growing up healthy and happy, thanks to you. They're getting immunisations against common illnesses at new local health centres, built with your support. Trained healthcare workers at the centres offer all sorts of medical care to help families keep healthy.

Community groups visit mums at home while they're pregnant and support them with advice on feeding and general health until their children are five years old. They're also working through local church leaders to support the wellbeing of children and young people. They have a particular focus on educating young people on to how to avoid teenage pregnancy and HIV and AIDS.

Mums delivering their babies with skilled support:

2020 – 91%
2011 – 67%

Overcoming challenges together

Although we've seen great progress in Nyatike, the effects of flooding have sometimes made working here difficult. For instance, floods in 2019 contaminated water points, made toilets overflow and swept away protected water facilities. Thanks to sponsors, community water groups now take charge of building safe and robust water systems, including wells, pipes and roof tanks. They are managing the repairs themselves, and making local water supplies more resilient to future floods.

ABOVE : Brian, 10, Wendy, 8, Stacy, 11 and Annah, 8, can now enjoy their childhood, thanks to sponsors.

BOTTOM LEFT : Children are doing well at school, and learn through play as well as in their lessons.

BOTTOM RIGHT : Movin, 16, Evans, 15, and Regan, 12, share a snack of papaya with their mum, who has learned about feeding them a healthy mix of foods.





TOP LEFT : Thanks to you, school children have learned the importance of washing their hands regularly.

BOTTOM LEFT : Annah, 8, and Brian, 10, have safe, clean water from the local water kiosk, built with your support.

TOP RIGHT : Susan prepares lunch with the help of her children. They grow and eat a wider variety of food now.

CENTRE : These children love learning now their teachers have had extra training, and there's time for play too.

BOTTOM RIGHT : Tracy, 14, (centre) has time to study with her sisters now she doesn't have to walk miles to fetch water.

Tracy has a bright future, thanks to sponsors like you

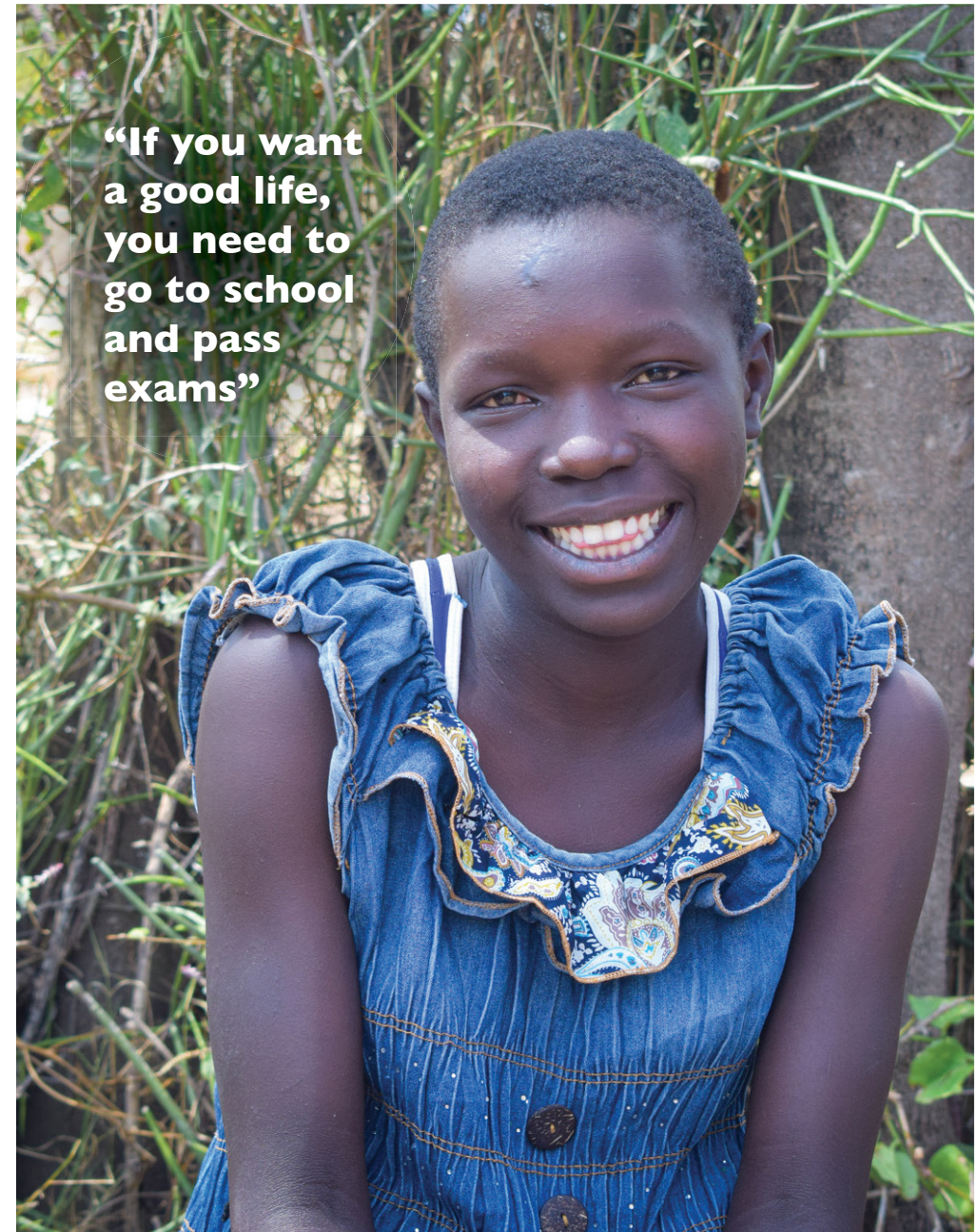
Tracy, 14, lives with her mum and five brothers and sisters in Nyatike. When her father died five years ago the family lost their only breadwinner. "I was left with six children who needed food, clothes and an education, but I had no job," says Esther, Tracy's mum.

Tracy saw how her mum was struggling to make ends meet. She began to lose hope of how things would change for a better future. "If you want a good life, you need to go to school and pass exams so you can get a good job. Without the money that my dad used to provide, that didn't seem possible," says Tracy.

Full of hope, thanks to her sponsor

Then, thanks to her sponsor, life began to change for Tracy. Her mum got help to buy four cows to pull ploughs for local farmers. They're in high demand so her new business does well. She also sells small fish and tomatoes at the local market. She joined a local savings group, set up through sponsors' support, and puts her business success down to their help and advice. "I can get loans to expand my business and buy stock. I've learned about record keeping, and understand my profits or losses. We also share what we've learned about how to succeed in business," she says.

Now, Tracy's mum earns enough to look after all her children, with uniforms, textbooks and everything they need to go to school and live well at home. Tracy's sponsor has changed her life. "My sponsorship has changed things for my whole family. So we're all happy," says Tracy.



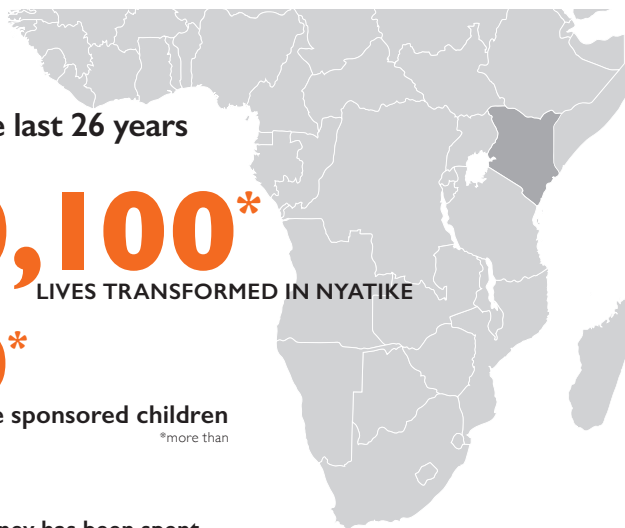
**"If you want
a good life,
you need to
go to school
and pass
exams"**

LEFT : Tracy (second left) and her brothers and sisters can all go to school, now their mum has a successful business.
ABOVE : Life changed for the better for Tracy and her family when she was sponsored by someone like you.

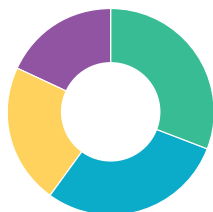
Together, during the last 26 years

60,100*
LIVES TRANSFORMED IN NYATIKE

7,500*
of these were sponsored children
*more than



How your sponsorship money has been spent



- CESP (Community engagement and sponsorship programme) 31%
- Health, water and sanitation 29%
- Food security 22%
- HIV/AIDS 18%

From 1994 to 2020 in Nyatike, sponsorship money was spent in the areas above to improve the lives of children, including your sponsored child. Community engagement represents activities relating to improving child wellbeing including child protection, food, health, water and education. This teaches and enables the community to be able to sustain the changes in the future. Funding to include the running of sponsorship activities is also included.

Your sponsorship goes further

For every child you help, **FOUR MORE** children benefit

Thanks to her sponsor, life has changed for **Debby, 7**, and for her friends too.

Brendah, 12, now gets clean water from a borehole.

Lightwell, 10, does better at school thanks to reading camps.

11-year-old **Beatrice's** family can grow more vegetables to eat and sell.

5-year-old **Adam's** mum can take him to a clinic when he's sick.



See more from your sponsorship by logging in to your My Sponsorship account

Visit worldvision.org.uk/my-sponsorship



See the photos and videos you've received from your sponsored child and their community



Say farewell by sending a message, and keep in touch with your next sponsored child online



Find out more about how sponsorship works, and see how your donations are changing lives

How child sponsorship works

As a child sponsor, you give real hope to a vulnerable child - and your support goes further by helping their family and community too. The money you give each month transforms life in their community by giving them clean water, nutritious food, healthcare, education and a way to earn a living - so that your sponsored child can enjoy a childhood free from need and full of promise.

Meanwhile, the friendship you build together will bring them hope and encouragement, helping them reach their full potential.

When we and the community are confident that they're ready to manage their own future, by themselves, World Vision and child sponsors move on to places where children still need the love and support of sponsorship.



Your support transforms the lives of the world's most vulnerable children

Thank you for being a part of the change in Nyatike

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World Vision believes that by working together with children, their communities, and our supporters and partners, the lives of the world's most vulnerable children can be transformed. As a Christian organisation, we aspire to reflect God's unconditional love in all we do.

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Your support over the years means that the most vulnerable children in Nyatike are now growing up in a safe and happy place. The transformation will continue through the support groups and new practices in the community. And your sponsored child will always remember the part you've played in this.

What's next for you?

There's another vulnerable child who needs your support. A child living with hunger or disease, or missing out on school because they are working. You already know the joy of seeing how your sponsorship makes lasting changes. And our community-focused approach means your sponsorship will change the lives of at least four more children as well as that of your sponsored child.

ABOVE : Girls and women can fetch clean water safely, now that they have a local facility, provided through sponsors' support.

FRONT COVER : Everline, 13, Eleda, 9, and Lucy, 13, are doing better at school now their teachers have had extra training, thanks to you.