# Empowering girls in the context of HIV: Faith as an asset

International Network of Religious Leaders living with or personally affected by HIV and AIDS

Presented by:

Rev. Phumzile Mabizela



#### Outline

- 1.Introduction
- 2. Vision 2020
- 3. Sexuality
- 3. Cultural and social challenges
- 4. Religious Assets
- 5. Being Prophetic
- 6. BEST PRACTICES



### Introduction

- INERELA+ is a network of religious Leaders
- We currently have about 15 country networks in Africa.
- We have a presence in 5 countries outside Africa
- Our core business is the empowerment of religious leaders to be agents of change.
- Our Vision- a world without HIV and AIDS related stigma.

INERELA+

### VISION 2020

- The Start free, Stay Free and AIDS Free was launched in New York in June 2016
- We already have the deadline to end AIDS by 2030
- Vision 2020 is an important milestone
- Ending the disease in children, adolescents and young women by 2020
- Girls and young women are a specific Key population with specific vulnerabilities.

#### Vision 2020 Cont

- In some countries the prevalence amongst girls is 7 times higher than that of male counterparts.
- Numbers of young men living with HIV and AIDS is much lower than that of women
- Evidence has shown us that girls are engaged in intergenerational relationships
- In this presentation- focus on empowering Girls

## Sexuality

- Our failure to discuss sexuality has made all of us vulnerable
- Human sexuality is a gift from God
- As the faith community, it is important for us to rescue sexuality from the forces of darkness
- Within INERELA+ we have responded to this by having specific programmes on SRHR and CSE and
- The role of ABC prevention strategy vs SAVE
- ESA commitment Role of the faith community





## Cultural Challenges

- Patriarchy and Hierarchy
- Rituals: FGM, VT
- Early marriage- Rape
- Young women as carers education
- Selective transformation
- Customary laws; Sexuality is taboo





#### SOCIAL CHALLENGES

- Socialization:
  - Gender stereotypes: Boys and girls Gender inequality
- Pressure to procreate and get married
- Availability of male condoms vs sanitary towels
- High levels of exposure to sexual activity, internet and social media
- Sexual violence







## Religious Assets

- Use of sacred texts
- Creation Story
- Human rights vs dignity
- Procreation and recreation
- Religious fundamentalism
- Marriage: vulnerability
- Faith Healing



## Being Prophetic

- We still have a lot of power in terms of shaping peoples moral compass
- We have been part of the problem: promoted patriarchy
- Religious Leaders: promoting negative messages can be changed to positive messages
- Accurate and appropriate CSE for all ages
- Moralising HIV- opportunity to change the narrative
- Rejection of Young mothers
- Redemptive Masculinities



## Being Prophetic- continued

- Health Facilities by the church- youth friendly services
- Accountability and transparency important values
- The faith healing debate- ARVs as a gift from God
- Intergenerational relationships
- Expose Religious Leaders who abuse girls
- Laws on SGBV



#### Conclusion

Robert Frost:

The Road Not Taken

Two roads diverged in a yellow wood And sorry I could not travel both And be one traveller, long I stood......

Two roads diverged in a wood, and I, I took the one less travelled by And that has made all the difference



#### Best Practices

- Books by WCC on HIV and sexuality
- SAVE Toolkit
- Channels of Hope
- CBS
- Tamar campaign
- Transformative masculinity
- Understanding all the Fast track agendas and the targets

## Change begins with you and me.

## YOUNG People must thrive and not just barely survive

## Educating them enables them to make informed choices!



## LET US WALK TOGETHER!! START, STAY ANDAIDS FREE!

